

Abstract of the Disclosure

5 An optical disk has a plurality of information recording layers including a first recording layer and a second recording layer disposed at a farther position from a light source than the first recording layer. When recording data to the second recording layer of the optical disk, a radius of the outermost circumference of a data recordable range in the second recording layer is defined to be equal to or less than a radius of the outermost circumference of an area in which data is recorded in the first recording layer.